



NEW TO STEINKJER STUDENT KINDERGARTEN?

The first days at kindergarten are an exciting time for both children, and their families. We are looking forward to getting to know you, and will do all we can to ensure you have a good startup with us.

We understand that it can be a hectic time, starting new studies and having your child(ren) start at a new kindergarten at the same time. However, it is desirable that you put aside at least a week to accompany your child(ren) to kindergarten. We also like your first few days to be short, and that you increase the time in kindergarten somewhat gradually. It is very important that you as parents/guardians have time to stay with your child(ren) at kindergarten so you can all get used to the new environment and people. During the first few days, you will be able to get to know the kindergarten staff, and location, together. One of the first days will include a conversation between you and one of our senior staff to ensure we have the information we need to best provide a good experience for your child(ren).

The time it takes for children to get used to a new nursery can vary. Age, maturity, and previous experiences in a kindergarten setting can affect how long it takes for your child(ren) to feel safe and confident.

Even after you have begun to leave your child with us at kindergarten, your child(ren) can take further weeks or months to become completely secure in their new environment and routines. It is usually after your child(ren) are used to our nursery staff that they begin to take more of an interest in the other children. It can be tough to start a new kindergarten! It is important that we as kindergarten staff, and you as family, are aware of any signals given by your child(ren). Many children experience a high stress level during the startup period which can affect their eating and/or sleeping patterns. Normal routines usually fall back into place within 1-3 months. At kindergarten, your child(ren) will be in constant contact with our staff during the day, and there will be a lot of information and experiences for your child(ren) to process. Ideally we like our children to have slightly shorter days in the first month or two after startup.

PLEASE CONTACT US IF YOU NEED TO FOR ANY REASON, OR IF YOU HAVE ANY QUESTIONS.